

Henderson Family Dentistry

1910 State Highway 43 E, Henderson TX 75652
903-657-3139

www.HendersonFamilyDentistry.com

Pre-Sedation Instructions

PREPARING FOR YOUR CHILDS SEDATION APPOINTMENT

EATING & DRINKING: One of the sedative drugs Dr. Jackson may elect to use may cause your child to feel sick to their stomach. To avoid vomiting and complications during treatment, **DO NOT ALLOW YOUR CHILD ANY FOOD OR DRINK (even water)** after midnight prior to the scheduled day of treatment. This means **NO BREAKFAST!** An empty stomach is **MANDATORY!**

CHANGE IN HEALTH: Any change in your child's health, especially the development of a cold or fever within two (2) days prior to the day of treatment, is reason for concern! Please inform East Texas Dental Associates of any change in your child's health as soon as possible. For your child's safety, a new appointment may need to be made for another day.

ARRIVING: Your child's safety and comfort are our main concern! Dr. Jackson recommends that a second responsible adult come with you to the appointment to help you take care of your child while driving home. Please do not bring other children with you, as your child will need your full attention. Please dress your child in loose fitting, comfortable clothing and bring a change of clothes, if possible.

MEDICATION: DO NOT give your child any medication unless cleared by Dr. Jackson first!

TREATMENT: Dr. Jackson will visit with you before your child's treatment. When the dental treatment is completed, Dr. Jackson asks that you join your child in the waiting room for another 15 minutes. Dr. Jackson and/or his staff will discharge your child into your care, to go home, when he feels it is appropriate. This usually is within 15 minutes of your child's completed treatment.

Because each child's metabolism is different and there is no 100% guarantee with any sedative medication, there is the possibility your child's sedation will need to be aborted before treatment has started or prior to treatment being completed.

IT IS IMPORTANT FOR YOUR CHILD'S SAFETY THAT YOU FOLLOW THESE INSTRUCTIONS CAREFULLY!

Failure to follow these instructions could result in **LIFE THREATENING** complications!

Post-Sedation Instructions

It is important for your child's safety that you follow these instructions carefully! **Failure** to follow these instructions could result in unnecessary complications.

ACTIVITIES: DO NOT plan or permit activities for your child after treatment. Allow your child to rest. Closely supervise any activity for the remainder of the day. When sleeping, encourage your child to lie on his/her side or stomach.

GETTING HOME: Two responsible adults must accompany your child. One adult should drive your child home and a second responsible adult must be available to take care of your child while driving home. Your child should be closely watched for signs of breathing difficulty and carefully secured in a car seat or seat belt during transportation.

DRINKING or EATING after TREATMENT: After treatment, the first drink should be plain water. Clear liquids can be given next (fruit juice, sugar-free Kool-Aid, ginger ale, soup broth, etc). Small drinks taken repeatedly are preferable to taking large amounts. Soft, luke-warm, bland food may be taken when desired (mashed potatoes, yogurt, soup, pudding, ice cream, popsicles, etc.).

TEMPERATURE ELEVATION: Your child's temperature may be elevated for the first 24 hours after treatment. Tylenol every 3-4 hours and fluids will help alleviate this condition. Temperature above 104° F is cause to visit your local emergency department.

EXTRACTIONS: If your child had teeth removed, a small amount of bleeding is normal. Do NOT let your child spit, as this will cause more bleeding. In order to not disturb the blood clot, do NOT use a straw to drink for the first 24 hours. Also, remember that a small amount of blood mixed in with a lot of spit in the mouth looks like a lot of blood.

SEEK ADVICE: If any of the following problems arise, call Dr. Jackson at the office, or if he cannot be reached, call the Emergency Department at your local hospital:

- If vomiting persists beyond four (4) hours.
- If the temperature remains elevated beyond 24 hours or goes above 101° F.
- If there is any difficulty breathing or coloration of the skin is poor.
- If any other matter causes you concern.