

Henderson Family Dentistry

1910 State Highway 43 E, Henderson TX 75652

903-657-3139

www.HendersonFamilyDentistry.com

Pre Operative Instructions for Patients Receiving Oral Sedation

1. A responsible adult, over 18 years of age must accompany the patient to the clinic and remain here throughout the entire procedure. Following the sedation, a responsible adult must escort the patient home, and a responsible adult should remain with the patient until fully awake.
2. A parent or legal guardian must accompany minors (persons under the age of 18 years of age).
3. Unless specifically directed otherwise, patients must adhere to the following instructions:
 - a. No solid food for 6 hours before the start of the procedure
 - b. No opaque liquids for 6 hours before the start of the procedure (coffee, milk, orange juice, etc.)
 - c. Clear liquids allowed until 2 hours before the start of the procedure (water, apple or cranberry juice)
 - d. No food or drink the last 2 hours before the start of the procedure
4. Take all medicines as normally scheduled unless specifically directed otherwise by the dentist (if in the last 2 hours, use a tiny sip of water as necessary)
5. Make every effort to minimize smoking for 12 hours before the start of the procedure
6. At least one fingernail needs to be available (without polish or artificial nail) the day of the procedure
7. Women should wear shoes with low or flat heels

Post Operative Instructions for Patients Receiving Oral Sedation

1. Patient cannot drive for 24 hours after sedation.
2. Patient should not operate any hazardous devices for 24 hours.
3. A responsible person should be with the patient until he/she has fully recovered from the effects of sedation.
4. Patient should not go up and down stairs unattended.
5. Patient should resume normal eating and drinking after the sedation appointment, unless otherwise instructed.
6. Patient needs to drink plenty of fluids postoperatively to prevent dehydration.
7. After leaving the office, patients should not be left alone. Patients may seem normal, but the effects of the medication may last for several hours after the appointment has ended.
8. Always hold the patient's arm when walking.
9. Call the office if you have any questions or difficulties. If you feel that your symptoms warrant a physician and you are unable to reach us, go to the nearest emergency room immediately.